

# How do I find which courses are approved for GE?

This list of Approved General Education courses is valid for catalog years **Fall 2019 and later**.

If your Catalog Year is prior to Fall 2019, please reference:

- Catalog Years *Spring 2018 and Earlier*, **OR**
- Catalog Year *Fall 2018-Spring 2019*

*(If you don't know your Catalog Year, please see our [Understanding Your Catalog Year](#) guide!)*

This list is updated each semester. Please refer to the most recent Class Schedule for the current semester's available GE courses. It is recommended students review their Titan Degree Audit (TDA) in consultation with their team of advisers when selecting courses.

***NOTE: This is for informational purposes ONLY and updated on a semester-by-semester basis. Please refer to your Titan Degree Audit (TDA) for a list of GE courses that are approved for your specific Catalog year.***

*If you have any questions about the impact of these changes, please see an advisor or review the [EO](#) and other [FAQs](#).*

## WHAT ARE THE GE GRADE REQUIREMENTS?

Courses in the following areas require a grade of "C-" or higher to earn GE credit:

- A.1 Oral Communication
- A.2 Written Communication
- A.3 Critical Thinking
- B.4 Mathematics/Quantitative Reasoning

Courses in all other GE areas (including Overlay Z) require a grade of **"D"** or higher to earn GE credit

## CATALOG YEAR FALL 2019 AND LATER

## A. CORE COMPETENCIES (9 UNITS)

*Note: A grade of “C-” (1.7) or better is required in Areas A1, A2, and A3. A “D+” (1.3) or below is not sufficient to satisfy these requirements.*

### A.1. Oral Communications (3 units)

Course Number	Course Name	Units
CHIC 102	Communication Skills	3
HONR 101B	Honors Seminar in Oral Communication	3
HCOM 100	Introduction to Human Communication	3
HCOM 102	Public Speaking	3
THTR 110	Oral Communication of Literature	3

### A.2. Written Communication (3 units)

Course Number	Course Name	Units
ESE 100	Analytical College Writing	3
ESE 100W	Analytical College Writing Workshop	1
ENGL 100	Analytical College Writing	3
ENGL 101	Beginning College Writing	3
ENGL 100W	Analytical College Writing Workshop	1

### A.3. Critical Thinking (3 units)

Course Number	Course Name	Units
CNSM 101	Think Like Einstein	3
HONR 101A	Honors Seminar in Critical Thinking	3
HCOM 235	Essentials of Argumentation	3

Course Number	Course Name	Units
PHIL 105	Critical Thinking	3
PHIL 106	Introduction to Logic	3
PSYC 110	Critical Thinking in Psychology	3
READ 290	Critical Reading, Thinking, and Literacy	3

## B. SCIENTIFIC INQUIRY AND QUANTITATIVE REASONING (12-13 UNITS)

*Note: + indicates a course is a lab or includes a lab*

### B.1. Physical Science (3 units)

Course Number	Course Name	Units	Cross Listing	Notes
ASTR 101	Introduction to Astronomy	3		
CHEM 100	Survey of Chemistry	3		
CHEM 102+	Physical Science for Future Elementary Teachers	3	PHYS 102+	
CHEM 105	Survey of the Molecules of Life	3		
CHEM 120A+	General Chemistry	5		
CHEM 200	Chemistry for Nursing and Allied Health Professions	3		If taken in Spring 2021 or later
GEOG 110	Intro to Natural Environment	3		
GEOL 101	Introduction to Geology	3		
GEOL 102+	Earth Science Investigations for Future Teachers	4		

Course Number	Course Name	Units	Cross Listing	Notes
GEOL 110T	Topics in Earth Science	3		
PHYS 101	Survey of Physics	3		
PHYS 102+	Physical Science for Future Elementary Teachers	3	CHEM 102+	
PHYS 211	Elementary Physics	3		
PHYS 225	Fundamental Physics: Mechanics	3		

### B.2. Life Science (3 units)

Course Number	Course Name	Units	Cross Listing	Notes
ANTH 101	Introduction to Biological Anthropology	3		
BIOL 101	Elements of Biology	3		
BIOL 102+	Biology for Future Teachers	4		
BIOL 103	Biology of Disease	3		If taken in Spring 2020 or later
BIOL 151+	Cellular and Molecular Biology	4		
BIOL 152+	Evolution and Organismal Biology	4		

### B.3. Laboratory Experience (1 course, number of units vary)

Course Number	Course Name	Units	Cross Listing	Notes
ASTR 101L+	Introduction to Astronomy Laboratory	1		.

Course Number	Course Name	Units	Cross Listing	Notes
BIOL 101L+	Elements of Biology Laboratory	1		
BIOL 102+	Biology for Future Teachers	4		
BIOL 151+	Cellular and Molecular Biology	4		
BIOL 152+	Evolution and Organismal Biology	4		
CHEM 100L+	Survey of Chemistry Lab	1		
CHEM 102+	Physical Science for Future Elementary Teachers	3	PHYS 102+	
CHEM 120A+	General Chemistry	5		
CHEM 200	Chemistry for Nursing and Allied Health Professions	3		If taken in Spring 2021 or later
GEOG 110L	Introduction to the Natural Environment: Laboratory	1		If taken Fall 2019 or later
GEOL 101L+	Introduction to Geology Laboratory	1		
GEOL 102+	Earth Science Investigations for Future Teachers	4		
PHYS 101L+	Survey of Physics Laboratory	1		
PHYS 102+	Physical Science for Future Elementary Teachers	3	CHEM 102+	
PHYS 211L+	Elementary Physics: Laboratory	1		
PHYS 225L+	Fundamental Physics: Laboratory	1		

### B.4. Mathematics and Quantitative Reasoning (3 units)

*A grade of 'C-' (1.7) or better is required to meet this General Education requirement. A grade of 'D+' (1.3) or below will not satisfy this General Education Requirement.*

Course Number	Course Name	Units	Cross Listing	Notes
MATH 110	Mathematics for Liberal Arts Students	3	ESM 110	
MATH 115	College Algebra	4		
MATH 115A	College Algebra	3	ESM 115A	
MATH 120	Elementary Statistics	3	ESM 120	
MATH 125	Precalculus	5		
MATH 130++	Calculus for the Natural Sciences	4		formerly "A Short Course in Calculus"
MATH 135++	Business Calculus	3		
MATH 150A++	Calculus I	4		

### B.5. Implications and Exploration of Mathematics and Natural Sciences (3 units)

Course Number	Course Name	Units	Cross Listing	Notes
ANTH 301	Primate Behavior	3		
ANTH 322	Human Behavioral Ecology	3		
ANTH 344	Sex, Evolution, and Human Nature	3		

Course Number	Course Name	Units	Cross Listing	Notes
BIOL 300	Environmental Biology and Sustainability	3		
BIOL 305	Human Heredity and Development	3		
BIOL 306	Biology of Aging	3		If taken in Spring 2020 or later. (If taken in Fall 2019 or earlier, counts for GE Area E)
BIOL 310	Human Physiology	3		
BIOL 318	Wildlife Conservation	3		
BIOL 319	Marine Biology	3		
BIOL 327	Stem Cells and Regenerative Medicine	3		
BIOL 352	Plants and Life	3		
BIOL 360	Biology of Human Sexuality	3		If taken in Spring 2020 or later. (If taken in Fall 2019 or earlier, counts for GE Area E.)
CHEM 313A	Environmental Pollution and Its Solutions: Air Pollution	1		
CHEM 313B	Environmental Pollution and Its Solutions: Water Pollution	1		
CHEM 313C	Environmental Pollution and Its Solutions: Land Pollution	1		
COMD 303	Biology of Human Communication	3		

Course Number	Course Name	Units	Cross Listing	Notes
CPSC 313	The Computer Impact	3		
EGCE 305	Earthquake Impact on Structures	3		
FIN 310	Personal Financial Management	3		If taken in Fall 2018 or later
GEOG 328	Global Change and Environmental Systems	3		
GEOG 329	Cities and Nature	3		
GEOL 310T	Topics in California-Related Geology	1-3		
GEOL 333	General Oceanography	3		
HCOM 308	Quantitative Research Methods	3		If taken in Fall 2020 or later
HIST 330	History of Early Science and Technology	3	LBST 330	
HIST 331	History of Science: Copernicus to the Present	3	LBST 331	
HONR 301T	Honors Seminar in Natural Science and Mathematics	3		
HONR 305	Honors Seminar: Evolution and Creation	3		
ISDS 361A	Business Analytics I	3		
LBST 331	History of Science: Copernicus to the Present	3	HIST 331	
LBST 333	Evolution and Creation	3	PHIL 333	



Course Number	Course Name	Units	Cross Listing	Notes
MATH 338	Statistics Applied to Natural Sciences	4		
PHIL 303	Introduction to the Philosophy of Science	3		
PHIL 333	Evolution and Creation	3	LBST 333	
PHYS 305	Physics of Sound	3		If taken in Fall 2020 or later
PHYS 301	Energy and Sustainability	3		
PUBH 349	Measurement and Statistics in Health Science	3		formerly HESC 349
PUBH 350	Nutrition	3		Counts for B.5 if taken in Spring 2021 or later; counts for E if taken Fall 2020 or earlier
SOCI 303	Statistics for the Social Sciences	3		

## C. ARTS AND HUMANITIES (12 UNITS)

3 units from C.1; 3 units from C.2; 3 units from C.3; and 3 units from either C.1 or C.2

### C.1. Introduction to Art (3 units)

Course Number	Course Name	Units
ART 101	Introduction to Art	3
ART 103	Two-dimensional Design	3
ART 104	Three-dimensional Design	3
ART 106A	Beginning Ceramics	3

Course Number	Course Name	Units
ART 107A	Beginning Drawing	3
ART 107B	Beginning Painting	3
ART 201A	Art and Civilization	3
ART 201B	Art and Civilization	3
ART 205A	Beginning Crafts	3
DANC 101	Introduction to Dance	3
MUS 100	Introduction to Music	3
MUS 101	Music Theory for Non-Music Majors	3
MUS 102	Introduction to American Folk Music	3
THTR 100	Introduction to the Theatre	3
THTR 160	Acting for Non-Majors	3

## C.2. Introduction to Humanities (3 units)

Course Number	Course Name	Units	Cross Listing	Notes
ANTH 100	Non-Western Cultures and the Western Tradition	3		
ARAB 101	Fundamental Arabic-A	5		
ARAB 102	Fundamental Arabic-B	5		
ARAB 203	Intermediate Arabic-A	3		
CHIN 101	Fundamental Chinese-A	5		
CHIN 102	Fundamental Chinese-B	5		
CHIN 201	Mandarin Chinese for Chinese Speakers-A	3		

Course Number	Course Name	Units	Cross Listing	Notes
CHIN 202	Mandarin Chinese for Chinese Speakers-B	3		
CHIN 203	Intermediate Chinese-A	5		
CHIN 204	Intermediate Chinese-B	5		
ENGL 105	Introduction to Creative Writing	3		
ENGL 200	Literature and Popular Culture	3		
ENGL 211	British Literature to 1760	3		
ENGL 212	British Literature from 1760	3		
ENGL 221	American Literature to Whitman	3		
ENGL 222	American Literature from Twain to the Moderns	3		
FREN 101	Fundamental French-A	5		
FREN 102	Fundamental French-B	5		
FREN 203	Intermediate French-A	3		
FREN 204	Intermediate French-B	3		
GRMN 101	Fundamental German-A	5		
GRMN 102	Fundamental German-B	5		
GRMN 203	Intermediate German-A	3		
GRMN 204	Intermediate German-B	3		
GRMN 214	Intermediate Reading-B	2		
HIST 110A	World Civilizations to the 16th Century	3		*Overlay Z
HIST 200	Ideas, Books, and Beliefs	3		If taken in Spring 2021 or later

Course Number	Course Name	Units	Cross Listing	Notes
HIST 210A	Baseball History	3		If taken in Spring 2021 or later
HONR 210A	Honors Seminar: World Civilizations to 1500	3		*Overlay Z
ITAL 101	Fundamental Italian-A	5		
ITAL 102	Fundamental Italian-B	5		
JAPN 101	Fundamental Japanese-A	5		
JAPN 102	Fundamental Japanese-B	5		
JAPN 203	Intermediate Japanese-A	5		
JAPN 204	Intermediate Japanese-B	5		
KORE 101	Fundamental Korean-A	5		
KORE 102	Fundamental Korean-B	5		
KORE 203	Intermediate Korean-A	3		
LBST 100	Introduction to the Humanities	3		
LING 106	Language and Linguistics	3		
PERS 101	Fundamental Persian - A	5		
PERS 102	Fundamental Persian - B	5		
PHIL 100	Introduction to Philosophy	3		
PHIL 101	Meaning , Purpose, and the Good Life	3		
PHIL 110	Religions of the World	3	RLST 110	
PHIL 120	Introduction to Ethics	3		

Course Number	Course Name	Units	Cross Listing	Notes
PHIL 290	History of Philosophy: Greek Philosophy	3		
PORT 101	Fundamental Portuguese-A	4		
PORT 102	Fundamental Portuguese-B	4		
PORT 105	Introduction to Lusophone Culture and Language	5		
PORT 214	Intermediate the Lusophone Culture	5		
RLST 105	Religion and the Quest for Meaning	3		
RLST 110	Religions of the World	3	PHIL 110	
RLST 200	Introduction to Christianity	3		
RLST 210	Introduction to Judaism	3		
RLST 250	Introduction to Islam	3		
RLST 270T	Introduction to the Asian Religions	3		
RLST 280	Introduction to Buddhism	3		
SPAN 101	Fundamental Spanish-A	5		
SPAN 102	Fundamental Spanish-B	5		
SPAN 105	Intensive Review of Fundamental Spanish	5		
SPAN 202	Spanish for Spanish Speakers-B	3		
SPAN 203	Intermediate Spanish-A	3		
SPAN 204	Intermediate Spanish-B	3		
SPAN 213	Intermediate Conversation	3		
SPAN 214	Intermediate Composition	3		

Course Number	Course Name	Units	Cross Listing	Notes
VIET 101	Fundamental Vietnamese-A	5		
VIET 102	Fundamental Vietnamese-B	5		
VIET 201	Vietnamese for Vietnamese Speakers - A	5		
VIET 202	Vietnamese for Vietnamese Speakers - B	5		
VIET 203	Intermediate Vietnamese-A	3		
WGST 100	Introduction to Gender Studies in the Humanities	3		

### C.3. Explorations of Arts and Humanities (3 units)

Course Number	Course Name	Units	Cross Listing	Notes
AFAM 314	Pan-African Dance and Movement	3		*Overlay Z
AFAM 320	Black Political Thought	3		*Overlay Z
AFAM 324	Introduction to African-American Literature	3	ENGL 324	
AFAM 337	American Indian Religions and Philosophy	3	RLST 337	*Overlay Z
AFAM 356	African-American Music Appreciation	3	MUS 356	*Overlay Z
AFAM 357	Blacks in the Performing Arts	3	MUS 357 THTR 357	*Overlay Z

Course Number	Course Name	Units	Cross Listing	Notes
AFAM 371	African American Concert Dance History	3	DANC 371	
AFAM 388	Hip Hop Culture	3		
AMST 324	American Immigrant Cultures	3		*Overlay Z <b>IF</b> taken in Fall 2020 or later
AMST 345	The American Dream	3		
ANTH 304	Traditional Cultures of the World	3		*Overlay Z
ANTH 305	Anthropology of Religion	3	RLST 305	*Overlay Z
ANTH 306	Culture and Art	3		*Overlay Z
ANTH 311	Culture and Communication	3		*Overlay Z
ART 311	Foundations of Modern Art	3		
ART 312	Modern Art	3		
ART 380	Art and Child Development	3		
ASAM 320	Asian American Creative Expression	3		*Overlay Z
ASAM 322	Asian Pacific Americans and Religio	3	RLST 322	*Overlay Z
ASAM 325	Asian American Film and Video	3		*Overlay Z
ASAM 327	Asian American Literature	3	ENGL 327	*Overlay Z

<b>Course Number</b>	<b>Course Name</b>	<b>Units</b>	<b>Cross Listing</b>	<b>Notes</b>
CHIC 302	Ancient Mexican Culture	3		*Overlay Z
CHIC 304	Music of Mexico	3	MUS 304	*Overlay Z
CHIC 315	Chicano/Latino Theatre	3	THTR 315	*Overlay Z
CHIC 316	The Chicano Music Experience	3		*Overlay Z
CHIC 330	The Evolution of Mexican Literature	3		*Overlay Z
CHIC 333	Mexican Literature since 1940	3		*Overlay Z
CHIC 336	Latin American Literature	3		
CHIC 337	Contemporary Chicana/o Literature	3		
CHIC 340	Mexican/Chicano Intellectual Thought	3		*Overlay Z
CHIC 367	Religion in Latino/a Life	3	RLST 367	*Overlay Z
CHIC 369	Border Cinema	3	CTVA 369	*Overlay Z
CHIN 315	Introduction to Chinese Civilization	3		*Overlay Z
CHIN 325	Contemporary Chinese Culture	3		
COMM 300	Visual Communication	3		



<b>Course Number</b>	<b>Course Name</b>	<b>Units</b>	<b>Cross Listing</b>	<b>Notes</b>
CPLT 312	The Bible as Literature	3	RLST 312	
CPLT 315	Classical Mythology in World Literature	3		
CPLT 324	World Literature to 1650	3		
CPLT 325	World Literature from 1650	3		
CPLT 356	Queer Literature and Theory	3	ENGL 356	
CPLT 380	Introduction to Asian Literature	3		*Overlay Z
CPLT 381	African Literature	3	ENGL 381	*Overlay Z
CPLT 382T	Topics in Asian Literature	3		*Overlay Z
CTVA 369	Border Cinema	3	CHIC 369	*Overlay Z
CTVA 372	World Cinema: Beginnings-1950	3		*Overlay Z
CTVA 373	World Cinema 1950-1990	3		*Overlay Z
CTVA 374	Contemporary World Cinema	3		*Overlay Z
DANC 301	Dance and Cultural Diversity	3		*Overlay Z
DANC 371	African American Concert Dance History	3	AFAM 371	*Overlay Z

Course Number	Course Name	Units	Cross Listing	Notes
ENGL 306	Intermediate Creative Writing	3		
ENGL 324	Introduction to African American Literature	3	AFAM 324	
ENGL 327	Asian American Literature	3	ASAM 327	*Overlay Z
ENGL 328	Literature of the American Indians	3		*Overlay Z
ENGL 331	Shakespeare on Film	3		
ENGL 341	Children's Literature	3		
ENGL 356	Queer Literature and Theory	3		
ENGL 381	African Literature	3	CPLT 381	*Overlay Z
FREN 315	Origins of Modern France	3		*Overlay Z
FREN 325	Contemporary French Civilization	3		*Overlay Z
FREN 375	Explorations in Literature	3		
GRMN 315	Introduction to German Civilization	3		*Overlay Z
GRMN 325	Current Trends in Culture of German-Speaking Peoples	3		*Overlay Z
GRMN 335	Introduction to Literature	3		

Course Number	Course Name	Units	Cross Listing	Notes
HIST 341	Ancient Eats: Food and Foodways in the Ancient World	3	LBST 341	
HIST 377	Women's Image in American Film	3		
HONR 302T	Honors Seminar in Arts and Humanities	3		*Overlay Z
HUM 350	Life & Culture Abroad	3		*Overlay Z
JAPN 315	Introduction to Japanese Civilization	3		*Overlay Z
JAPN 316	Modern Japan	3		*Overlay Z
JAPN 375	Introduction to Literary Forms	3		
JAPN 390	Japanese Culture and Society: Anime	3		
KNES 380	Philosophy of Human Movement	3		*Overlay Z If taken in Fall 2020 or later
LBST 323	Cross-Cultural Humanities	3		*Overlay Z
LBST 335	Science on the Silver Screen	3		
LBST 341	Ancient Eats: Food and Foodways in the Ancient World	3	HIST 341	
MUS 302	History of Jazz	3		*Overlay Z
MUS 303	World Music	3		*Overlay Z

Course Number	Course Name	Units	Cross Listing	Notes
MUS 304	Music of Mexico	3	CHIC 304	*Overlay Z
MUS 305	Women in Music	3		*Overlay Z
MUS 307	History of Rock Music	3		
MUS 350	Music in American Society	3		
MUS 355	Film Music	3		
MUS 356	African American Music Appreciation	3	AFAM 356	*Overlay Z
MUS 357	Blacks in the Performing Arts	3	AFAM 357 THTR 357	*Overlay Z
PHIL 300	History of Philosophy: Rationalism and Empiricism	3		
PHIL 311	Aesthetics: Philosophy of Art and Beauty	3		
PHIL 312	Business and Professional Ethics	3		
PHIL 313	Environmental Ethics	3		
PHIL 314	Medical Ethics	3		
PHIL 316	Research Ethics	3		
PHIL 320	Contemporary Moral Issues	3		*Overlay Z

Course Number	Course Name	Units	Cross Listing	Notes
PHIL 323	Existentialism	3		
PHIL 325	Philosophy of Sex and Love	3		
PHIL 349	Philosophy, Literature and Cinema	3		
PHIL 350	Asian Philosophy	3		*Overlay Z
PHIL 379	American Philosophy	3		
PORT 301	Advanced Portuguese through the Arts	3		If taken in Spring 2020 or later
PORT 320	Intro to Luso-Brazilian Culture and Civilization	3		*Overlay Z
PORT 325	Contemporary Brazilian Civilization	3		
PORT 385	Brazilian Cultural Communication Through Narrative	3		
POSC 340	Political Philosophy	3		
RLST 305	Anthropology of Religion	3	ANTH 305	*Overlay Z
RLST 312	The Bible as Literature	3	CPLT 312	
RLST 322	Asian Pacific Americans and Religion	3	ASAM 322	*Overlay Z
RLST 337	American Indian Religions and Philosophy	3	AFAM 337	*Overlay Z

Course Number	Course Name	Units	Cross Listing	Notes
RLST 341	Hindu Tradition to 400 B.C.E	3		*Overlay Z
RLST 342	Hindu Tradition from 400 B.C.E	3		*Overlay Z
RLST 350T	Major Christian Traditions	3		
RLST 351	History and Development of Early Christian Thought	3		
RLST 352	History and Development of Modern Christian Thought	3		*Overlay Z
RLST 361	History and Development of Jewish Thought: Biblical and Rabbinical Eras	3		*Overlay Z
RLST 362	History and Development of Jewish Thought: Medieval and Modern Eras	3		*Overlay Z
RLST 367	Religion in Latino/a Life	3	CHIC 367	*Overlay Z
RLST 371	History and Development of Islamic Thought: The Beginning to 1258	3		*Overlay Z
RLST 372	History and Development of Islamic Thought: 1259 to Modern Times	3		*Overlay Z
RLST 373	Women in Islam	3		*Overlay Z
RLST 374	Issues in Contemporary Islam	3		*Overlay Z
RLST 375	Conceptions of the Afterlife	3		
SPAN 315	Introduction to Spanish Civilization	3		*Overlay Z

Course Number	Course Name	Units	Cross Listing	Notes
SPAN 316	Introduction to Spanish-American Civilization	3		*Overlay Z
SPAN 325	Contemporary Culture of Spain	3		
SPAN 326	Spanish-American Modern Culture	3		
SPAN 375	Introduction to Literary Forms	3		
THTR 300	Theatre and Cultural Diversity	3		*Overlay Z
THTR 311	Oral Interpretation of Children's Literature	3		
THTR 315	Chicano/Latino Theatre	3	CHIC 315	*Overlay Z
THTR 320	Theatre and Issues in Society	3		
THTR 331	Shakespeare on Film	3		
THTR 357	Blacks in the Performing Arts	3	AFAM 357 MUS 357	*Overlay Z
THTR 383	Drama into Film	3		
VIET 315	Vietnamese Civilization	3		
VIET 325	Vietnamese Culture	3		
VIET 375	Introduction to Vietnamese Literature	3		

Course Number	Course Name	Units	Cross Listing	Notes
VIET 385	Advanced Vietnamese Cultural Communications	3		*Overlay Z
VIET 390	Vietnamese Culture Through Cinema and Literature	3		
VIET 395	Vietnamese Literature and Arts	3		
WGST 320	Gendered Techno-culture	3		

## D. SOCIAL SCIENCES (12 UNITS)

### D.1. Introduction to Social Sciences (3 units)

Course Number	Course Name	Units	Cross Listing	Notes
AFAM 101	Introduction to Ethnic Studies	3	ASAM 101 CHIC 101 WGST 101	
AFAM 107	Introduction to African American Studies	3		
AGNG 133 <i>formerly GERO</i>	Introduction to Gerontology	3	SOCI 133 PUBH 133 <i>fmr</i> HESC HUSR 133 PSYC 133	
AMST 101	Introduction to American Culture Studies	3		
ANTH 102	Introduction to Cultural Anthropology	3		
ANTH 103	Introduction to Archaeology	3		



Course Number	Course Name	Units	Cross Listing	Notes
ANTH 105	Introduction to Anthropology	3		
ASAM 101	Introduction to Ethnic Studies	3	CHIC 101 AFAM 101 WGST 101	
ASAM 201	The History of Asian Pacific Americans	3	HIST 201	If taken in Fall 2018 or later
CHIC 101	Introduction to Ethnic Studies	3	AFAM 101 ASAM 101 WGST 101	
CHIC 106	Introduction to Chicano Studies	3		*Overlay Z
CHIC 220	Chicana/o Identities	3		*Overlay Z
COMM 233	Mass Communication in Modern Society	3		
CRJU 100	Intro to Crime, Law, & Justice	3		
ECON 100	The Economic Environment	3		
ECON 201	Principles of Microeconomics	3		
ECON 202	Principles of Macroeconomics	3		
GEOG 100	Global Geography	3		
GEOG 160	Human Geography	3		
HIST 110B	World Civilizations since the 16th Century	3		*Overlay Z
HIST 200	Ideas, Books and Beliefs	3		If taken in Spring 2021 or later
HIST 210A	Baseball History	3		If taken in Spring 2021 or later

Course Number	Course Name	Units	Cross Listing	Notes
HONR 210B	Honors Seminar: World Civilizations since 1500	3		*Overlay Z
LBST 101	Introduction to the Social Sciences	3		
LING 102	Languages of the World	3		
LTAM 100	Introduction to Latin American Studies	3		
POSC 200	Introduction to the Study of Politics	3		
PSYC 101	Introductory Psychology	3		
RLST 100	Introduction to the Study of Religion	3		
SOCI 101	Introduction to Sociology	3		
WGST 101	Introduction to Ethic Studies	3	AFAM 101 ASAM 101 CHIC 101	

## D.2. American History, Institutions, and Values (3 units)

Course Number	Course Name	Units	Notes
AFAM 190	Survey of American History with Emphasis on Ethnic Minorities	3	
ASAM 190	Survey of American History with Emphasis on Ethnic Minorities	3	
AMST 201	Introduction to American Studies	3	
CHIC 190	Survey of American History with Emphasis on Ethnic Minorities	3	

Course Number	Course Name	Units	Notes
HIST 170A	United States to 1877	3	
HIST 170B	United States since 1877	3	
HIST 180	Survey of American History	3	
HIST 190	Survey of American History with Emphasis on Ethnic Minorities	3	
HONR 201A	Honors Seminar: American Institutions and Values to 1900	3	

### D.3. American Government (3 units)

Course Number	Course Name	Units	Notes
HONR 201B	Honors Seminar: American Institutions and Values Since 1900	3	
POSC 100	American Government	3	

### D.4. Explorations in Social Sciences (3 units)

Counts for D.5 for Catalog Years Spring 2018 or earlier\*Overlay Z if taken in Spring 2021 or later

Course Number	Course Name	Units	Cross Listing	Notes
AFAM 304	Black Families in America	3	SOCI 304	*Overlay Z
AFAM 306	American Indian Women	3	WGST 306	*Overlay Z
AFAM 308	Black Men in America	3		*Overlay Z
AFAM 310	Black Women in America	3	WGST 310	*Overlay Z

Course Number	Course Name	Units	Cross Listing	Notes
AFAM 311	Race and Relationships	3		*Overlay Z
AFAM 322	Psychology of African Americans	3	PSYC 322	
AFAM 325	African American Religions and Spirituality	3	RLST 325	*Overlay Z
AFAM 335	History of Racism	3		*Overlay Z
AFAM 346	The African Experience	3		*Overlay Z
AGNG 313 <i>formerly GERO 313</i>	California Gold: Diversity and Aging	3		
AMST 300	Introduction to American Popular Culture	3		
AMST 301	American Character	3		*Overlay Z
AMST 395	California Cultures	3		*Overlay Z
ANTH 300	Language and Culture	3		*Overlay Z
ANTH 310	Urban Anthropology	3		*Overlay Z
ANTH 313	Psychological Anthropology	3		
ANTH 321	Peoples of Native North America	3		*Overlay Z
ANTH 325	Peoples of Central and South America	3		*Overlay Z
ANTH 327	Origins of Civilizations	3		*Overlay Z
ANTH 329	Peoples of the Caribbean	3		*Overlay Z
ANTH 340	Peoples of Asia	3		*Overlay Z
ANTH 347	Peoples of the Pacific	3		*Overlay Z
ANTH 350	Culture and Education	3		*Overlay Z

Course Number	Course Name	Units	Cross Listing	Notes
ANTH 383	Prehistoric North America	3		
ASAM 300	Introduction to Asian Pacific American Studies	3		*Overlay Z
ASAM 340	Asian American Communication	3	HCOM 340	*Overlay Z
ASAM 342	Asian Pacific American Families	3		*Overlay Z
ASAM 344	Asian Pacific American Identities	3		*Overlay Z
ASAM 346	Asian American Psychology	3	PSYC 346	*Overlay Z
ASAM 360	Multiple Heritage Asian Americans and Pacific Islanders	3		*Overlay Z
ASAM 362A	Filipina/o American Experience	3		*Overlay Z
ASAM 364	The South Asian American Experience	3		*Overlay Z
ASAM 366	The Korean American Experience	3		*Overlay Z
ASAM 370	The Chinese American Experience	3		*Overlay Z
ASAM 382	World War II Japanese American Evacuation	3	HIST 382	
CHIC 303	Chicano/Mexican Cultures	3		*Overlay Z
CHIC 305	Chicana/o Families	3		*Overlay Z
CHIC 313	La Chicana	3	WGST 313	*Overlay Z
CHIC 325	Chicano and Chicana Education	3		*Overlay Z
CHIC 331	The Chicano Child	3		*Overlay Z
CHIC 332	The Chicano Adolescent	3		*Overlay Z

Course Number	Course Name	Units	Cross Listing	Notes
CHIC 345	History of the Chicano	3		*Overlay Z
CHIC 350	Mexican Life and Culture	3	LTAM 350	*Overlay Z
CHIC 353	Mexico Since 1906	3		*Overlay Z
CTVA 365	Children's TV	3		
COMM 315	Mass Media and Diversity	3		*Overlay Z If taken in Fall 2020 or later
COMM 333	Mass Media Effects	3		
COMM 370 <i>formerly COMM 425</i>	History and Philosophy of American Mass Communication	3		
COUN 380	Theories and Techniques of Counseling	3	HUSR 380	
CRJU 300	Foundations of Criminal Justice	3		
CRJU 320	Introduction to Public Management and Policy	3	POSC 320	
CRJU 322	Leadership for Public Service	3	POSC 322	
CRJU 385	Minorities and the Criminal Justice System	3		*Overlay Z
ECON 330	Comparative Economic Systems	3		
ECON 332	Economies of the Pacific Rim	3		
ECON 333	Economic Development: Analysis and Case Studies	3		
ECON 334	Economics of Latin America and the Caribbean	3		

Course Number	Course Name	Units	Cross Listing	Notes
ECON 335	The International Economy	3		
ECON 336	Economies of the Middle East	3		
ECON 350	American Economic History	3		
ECON 355	Economics of Gender and Work	3	WGST 355	
ECON 362	Environmental Economics	3		
EDEL 325	Cultural Pluralism in Elementary Schools	3		*Overlay Z
EUST 315	A European Tour	3	LBST 315 HIST 315	*Overlay Z
GEOG 321	Nature and Society	3		
GEOG 330	California	3		
GEOG 332	United States and Canada	3		*Overlay Z
GEOG 333	Latin America	3		*Overlay Z
GEOG 340	Asia	3		*Overlay Z
GEOG 345	China	3		*Overlay Z
GEOG 371	National Parks	3		
HIST 310	The California Experience	3	LBST 310	*Overlay Z
HIST 311	World War II	3		If taken in Fall 2020 or later
HIST 315	A European Tour	3	EUST 315 LBST 315	*Overlay Z

Course Number	Course Name	Units	Cross Listing	Notes
HIST 320	Modern European History 1789 to Present	3		
HIST 350	History of Latin American Civilization	3		
HIST 360	Modern Asia: Nationalism and Revolutionary Change	3		If taken in Spring 2020 or later
HIST 382	World War II Japanese Evacuation	3	ASAM 382	
HIST 386A	American Social History 1750-1860	3		If taken Fall 2019 or later
HIST 395	World War I	3		
HONR 303T	Honors Seminar in Social Sciences	3		*Overlay Z
HCOM 315	Social Media and Communication	3		Counts for D.5 for <a href="#">Catalog Years</a>  Spring 2018 or earlier *Overlay Z if taken in Spring 2021 or later
HCOM 320	Intercultural Communications	3		*Overlay Z
HCOM 340	Asian American Communication	3	ASAM 340	*Overlay Z
HCOM 342	America Speaks	3		
HCOM 370	Sport Communication	3		Counts for D.5 for <a href="#">Catalog Years</a>  Spring 2018 or earlier *Overlay Z if taken in Spring 2021 or later
HUSR 380	Theories and Techniques of Counseling	3	COUN 380	



Course Number	Course Name	Units	Cross Listing	Notes
KNES 381	History of Sports, Games and Culture 3			
LTAM 300	Topics in Latin America	3		*Overlay Z
LTAM 350	Mexican Life and Culture	3	CHIC 350	*Overlay Z
LBST 310	The California Experience	3	HIST 310	*Overlay Z
LBST 315	A European Tour	3	EUST 315 HIST 315	*Overlay Z
LBST 322	Cross Cultural Social Thought	3		*Overlay Z
LBST 340	Food Studies in the Social Sciences	3		
NURS 402	Population Health Nursing	3		If taken Fall 2019 or later
PHIL 302	Introduction to Women's Studies	3	WGST 302	*Overlay Z
POSC 300	Contemporary Issues in California Government and Politics	3		
POSC 309	Introduction to Metropolitan Politics	3		
POSC 310	Political Behavior and Motivation	3		
POSC 315	Introduction to Public Policy	3		
POSC 317	Black Politics	3	AFAM 317	*Overlay Z
POSC 320	Introduction to Public Management and Policy	3	CRJU 320	
POSC 322	Leadership for Public Service	3	CRJU 322	

Course Number	Course Name	Units	Cross Listing	Notes
POSC 330	Politics in Nation States	3		
POSC 350	World Politics in the 21st Century	3		
POSC 352	American Foreign Policy	3		
POSC 375	Law, Politics and Society	3		
POSC 381	Religion and Politics in the US	3	RLST 381	
POSC 485	Women and Politics	3	WGST 485	
PSYC 311	Educational Psychology	3		
PSYC 321	Psychology of Religion	3	RLST 321	
PSYC 322	Psychology of African Americans	3	AFAM 322	*Overlay Z
PSYC 331	Psychology of Personality	3		
PSYC 341	Abnormal Psychology	3		
PSYC 346	Asian American Psychology	3	ASAM 346	*Overlay Z
PSYC 351	Social Psychology	3		
RLST 321	Psychology of Religion	3	PSYC 321	*Overlay Z
RLST 325	African American Religions and Spirituality	3	AFAM 325	*Overlay Z
RLST 333	Religion and Sexuality	3		*Overlay Z
RLST 370	New Religious Movements in the USA	3		

Course Number	Course Name	Units	Cross Listing	Notes
RLST 381	Religion and Politics in the United States	3	POSC 381	
SOCI 304	Black Families in America	3	AFAM 304	*Overlay Z
SOCI 306	Applying Sociology in the Community	3		
SOCI 351	Sociology of Families	3		
SOCI 352	Sociology of Education	3		
SOCI 353	Sociology of Children and Youth	3		
SOCI 354	Gender, Sex and Society	3		
SOCI 355	Women in Contemporary Societies	3		
SOCI 356	Social Inequality	3		*Overlay Z
SOCI 357	Race & Ethnic Relations	3		*Overlay Z
SOCI 361	Population and the Environment	3		
SOCI 365	Law and Society	3		
SOSI 371	Sociology of City Life	3		
SOCI 385	Family Violence	3		
WGST 302	Introduction to Women's Studies	3	PHIL 302	*Overlay Z
WGST 306	American Indian Women	3		*Overlay Z
WGST 310	Black Women in America	3		*Overlay Z
WGST 313	La Chicana	3		*Overlay Z
WGST 355	Economics of Gender and Work	3	ECON 355	

Course Number	Course Name	Units	Cross Listing	Notes
WGST 360	Politics of Sexuality	3		*Overlay Z
WGST 485	Women and Politics	3	POSC 485	

## E. LIFELONG LEARNING AND SELF DEVELOPMENT (3 UNITS)

E. Lifelong learning and Self Development (3 units)				
Course Number	Course Name	Units	Cross Listing	Notes
AFAM 370	Development of African American Children and Youth	3	CAS 370	*Overlay Z
AMST 320	Women in American Society (formerly 450)	3		*Overlay Z
ANTH 308	Culture and Aging: Anthropological Gerontology	3		*Overlay Z
ANTH 315	Culture and Nutrition	3		*Overlay Z
ANTH 316	Anthropology of Sex and Gender	3	WGST 316	*Overlay Z
ANTH 332	Gender in Cross-Cultural Perspective	3		*Overlay Z
ANTH 333	Anthropology of Childhood	3		*Overlay Z
ANTH 342	Anthropology and Health	3		*Overlay Z
ASAM 230	Civic Engagement through Asian American and Pacific Islander Studies	3		*Overlay Z

Course Number	Course Name	Units	Cross Listing	Notes
ASAM 308	Asian American Women	3	WGST 308	*Overlay Z
BIOL 306	Biology of Aging	3		
BIOL 360	Biology of Human Sexuality	3		
BUAD 300	Professional and Career Development	3		
CAS 312	Human Growth and Development	3		
CAS 315	Child Development	3		
CAS 330	Adolescence and Early Adulthood	3		
CAS 340	Parenting in the 21st Century	3		
CAS 360	Adolescents and the Media	3		
CAS 365	Adolescent Pregnancy and Parenting	3		
CAS 370	Development of African American Children and Youth	3	AFAM 370	*Overlay Z
CHEM 111	Nutrition and Health	3		
CHEM 311	Nutrition and Disease	3		
CTVA 362	Media Literacy	3		
CNSM 100	Introduction to Learning and Thinking in Science and Math	3	CEDU 100	
COMD 345	Communication and Aging	3		
CPLT 355T	Images of Women in Literature	3	ENGL 355T	

Course Number	Course Name	Units	Cross Listing	Notes
COUN 350	Leadership Skills and Personal Development	3	HUSR 350	
COUN 252	Career and Life Planning	3		
ENGL 355T	Images of Women in Literature	3	CPLT 355T	
GEOG 120	Global Environmental Problems	3		
GEOG 372 <i>formerly</i> GEOG 353	Geography of Illegal Drugs	3		
GEOG 373	Global Cuisines	3		
GEOG 357	Cultural Geography	3		
HONR 304T	Honors Seminar in Lifelong Learning	3		
HONR 305	Honors Seminar: Evolution and Creation	3		
HONR 306	Honors Seminar: Women in American Society	3		*Overlay Z
HCOM 305	Digital Media Literacy	3		
HUSR 300	Character and Conflict	3		
HUSR 350	Leadership Skills and Personal Development	3	COUN 350	

Course Number	Course Name	Units	Cross Listing	Notes
KNES 342 <i>formerly HESC 342</i>	Stress Management	3	PUBH 342	
KNES 353 <i>formerly HESC 353</i>	Physical Activity and Lifelong Well-Being	3	PUBH 353	
KNES 386	Movement and the Child	3		
LBST 337	Science, Technology, and Society	3		
PHIL 224	Existential Group	3		
PHIL 377	Philosophical Approaches to Race, Class and Gender	3		*Overlay Z
PSYC 312	The Psychology of Human Sexual Behavior	3		
PSYC 361	Developmental Psychology	3		
PSYC 362	Psychology of Aging	3		
PUBH 101	Personal Health	3		Formerly HESC 101
PUBH 115	Introduction to Environmental Health and Safety	3		Formerly HESC 115
PUBH 301	Promotion of Optimal Health	3		Formerly HESC 301
PUBH 321	Drugs and Society	3		Formerly HESC 321

Course Number	Course Name	Units	Cross Listing	Notes
PUBH 342	Stress Management	3	KNES 342	Formerly HESC 342
PUBH 350	Nutrition	3		Formerly HESC 350 Counts for B.5 if taken in Spring 2021 or later; counts for E if taken Fall 2020 or earlier
PUBH 353	Physical Activity and Lifelong Well-Being	3	KNES 353	Formerly HESC 353
PUBH 358	Contemporary Issues in Children's Health	3		Formerly HESC 358
READ 295	Critical Literacies for Advocacy and Community Engagement	3		Formerly READ 390
RLST 306	Contemporary Practices of the World's Religions	3		
RLST 380	Religion and Violence	3		*Overlay Z
RLST 397	Religion and Science	3		
EDSC 320	Adolescent Development	3		
SOCI 325	The American Drug Scene	3		
SOCI 341	Social Interaction	3		
SOCI 360	Sociology of Death and Dying	3		
UNIV 100	Foundation for College Success, Lifelong Learning and Self-Development	3		
WGST 205	Gender and Globalization	3		*Overlay Z



Course Number	Course Name	Units	Cross Listing	Notes
WGST 308	Asian American Women	3	ASAM 308	*Overlay Z
WGST 316	Anthropology of Sex and Gender	3	ANTH 316	*Overlay Z

Z. CULTURAL DIVERSITY (1 COURSE, WHICH CAN ALSO FULFILL A REQUIREMENT IN CATEGORIES C.3, D.5, OR E ABOVE, NOTED WITH AN ASTERISK\*)